

Kristine N. Woods, PsyD, BCB

215 W. Bowery Street, NDSC
Akron, Ohio 44308
330-543-5168 (office)

EDUCATION

Doctor of Psychology, Clinical Psychology (APA Accredited) August 2010
Indiana University of Pennsylvania
Emphasis: Behavioral Medicine

Master of Arts, Clinical Psychology (APA Accredited) May 2006
Indiana University of Pennsylvania

Bachelor of Arts, Psychology May 2004
Kent State University

LICENSURE & BOARD CERTIFICATION

Licensed Psychologist, Ohio #6922, issued July 2012

Board Certification in Biofeedback, Associate Fellow – Certificate # B5630, issued May 2013

CURRENT POSITION

Pediatric Psychologist, Akron Children's Hospital, Akron, OH September 2012 – present
NeuroDevelopmental Science Center (NDSC)

- Provide psychosocial assessment and treatment recommendations to children and adolescents in the interprofessional new patient Headache Clinic. Conduct outpatient cognitive behavioral therapy sessions for pain management with children and adolescents diagnosed with headache disorders and other pain disorders. Provide biofeedback services utilizing SEMG, temperature, HRV, and respiration modalities to teach children and adolescents self-regulation to control psychophysiological responses to pain. Provide supervision and training to postdoctoral fellows and medical residents in the Headache Clinic.
- Developed and conducted Mindful Stress Management groups for the staff of the NDSC to teach staff mindfulness-based stress reduction techniques. Conduct monthly refresher meetings for graduates.

FACULTY APPOINTMENT

Assistant Professor of Pediatrics, Rootstown, OH September 2013 - present
Northeast Ohio Medical University

CLINICAL EXPERIENCE

Pediatric Psychology Fellow, Oklahoma City, OK September 2010 – August 2012
University of Oklahoma Health Sciences Center

- Provided psychological consultation within interprofessional pediatric hematology/oncology clinics including Sick Cell Clinic, Brain Tumor Clinic, Hemophilia Clinic, and Taking on Life after Cancer (Survivorship) Clinic. Participated on the Pediatric Pain Team to provide psychological services to children on the inpatient medical floors and the outpatient Pediatric Pain Clinic. Provided inpatient consultation/liason services for the General Pediatrics teams and Hematology/Oncology teams to assist with children's coping to illness, medication adherence, internalizing behaviors, procedural distress, and pain management. Conducted outpatient therapy with children with chronic and acute medical conditions or psychological disorders in the hematology/oncology outpatient clinic and the general pediatric primary care clinic.

Predoctoral Intern, Grand Rapids, MI June 2009 – May 2010
Behavioral Resources and Institute for Neuropsychological Services (B.R.A.I.N.S.)

- Completed neuropsychological and psychological evaluations with children and adolescents, and a limited number of neuropsychological assessments with adults, with various medical and psychological diagnoses. Consulted within multidisciplinary team to formulate diagnostic impressions and treatment recommendations of children receiving services by clinicians at B.R.A.I.N.S. Conducted individual and family therapy with children and young adults.

Helen DeVos Children's Hospital

- Provided psychological consultation services to children in the interprofessional specialty clinics including Brain Tumor Clinic, Hemophilia Clinic, After-care and Transition Clinic, and the Cystic Fibrosis Clinic. Conducted assessments with children followed through the Multidisciplinary Developmental Pediatric Clinic, and completed assessment through the Pediatric Psychology Clinic for children referred from the specialty hematology/oncology clinics. Completed cognitive pre-transplant assessments for children awaiting organ transplant and bone marrow transplant. Completed inpatient behavioral health consults for children with chronic and acute medical illnesses.

Extern, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA

June 2008 – April 2009

Behavioral Health Consultation Liaison Service

- Completed inpatient behavioral health consults with children with chronic and acute medical conditions, and provided outpatient therapy to children and families referred from hospital clinics. Provided inpatient follow-up services to children to assist with pain management, mood, and behavioral concerns. Participated in interprofessional team meetings to facilitate comprehensive care to children. Provided inpatient services to children diagnosed with cancer and followed children in outpatient sessions to assist with coping and adjustment with illness and treatment. Participated in Behavioral Health Oncology Rounds to discuss psychosocial functioning of newly diagnosed and recently relapsed children and their families. Participated in psychosocial pre-transplant evaluations with children and their parents. Provided inpatient therapy for children awaiting organ transplantation.

Extern, UPMC Pain Medicine at Centre Commons, Pittsburgh, PA

August 2007 – May 2008

- Co-lead cognitive-behavioral pain management groups within an interdisciplinary chronic pain management program. Taught patients deep breathing, progressive muscle relaxation, guided imagery, and automatic thoughts modification. Conducted psychological pain-intake evaluations. Attended interdisciplinary treatment team meetings to provide comprehensive care to patients in program.

Therapist, Neuropsychiatric Associates, Inc., Indiana, PA

May 2007 – April 2009

- Intervention activities consisted of intake interviews and therapy with children, adolescents, adults, couples, and families. Assessment activities included Multi-Systemic Therapy (MST) evaluations, parental competency evaluations for Children & Youth Services, learning disability and ADHD assessments, and pre-surgery evaluations with bariatric surgery patients.

Student Therapist, Nulton Diagnostic & Treatment Center, Indiana, PA

August 2006 – May 2007

- Conducted clinical intake interviews and individual therapy sessions with children, adolescents, and adults. Completed Behavioral Health Rehabilitation Services (BHRS) evaluations and Multi-Systemic Therapy (MST) evaluations.

Student Therapist, Center for Applied Psychology, IUP, Indiana, PA

August 2004 – December 2006

- Conducted therapy sessions with children and families in the Family & Couples Clinic. Conducted individual therapy sessions with university students and adults from the community in the Adult Clinic. Provided peer supervision and live observation to classmates. Participated in and presented at peer case conferences. Conducted clinical interviews for learning disability assessments and neuropsychological assessments in the Assessment Clinic, wrote integrative reports, and provided formative feedback to clients. Completed in-home assessments of parents and children enrolled in the Early Head Start Program (ages 0-3 years). Conducted behavioral observations of parents learning

Parent Child Interaction Therapy (PCIT) and provided formative feedback to parents after parent-child interactions. Co-lead group for children (age 3-7) teaching basic social skills.

RESEARCH EXPERIENCE

Akron Children's Hospital, Co-Investigator March 2020 – present
Project Title: Efficacy of Intravenous Medications in Relieving Headache Among Youth in an Infusion Center

- Determine efficacy of commonly-used medications for IV infusion for headache and migraine in youth presenting to the NDSC infusion center.

Akron Children's Hospital, Principal Investigator April 2018 – present
Project Title: Differences in Psychosocial Functioning in Children with Neurological Disorders

- Examine differences in psychosocial variables including quality of life, functional disability, pain coping, behavior, and mood in children and adolescents with various neurological conditions.

Akron Children's Hospital, Co-Investigator April 2018 – present
Project Title: Impact of School Placement on Pediatric Patients with Migraine

- Assisted with IRB-protocol development of a retrospective study to examine the impact of school placement on migraine; specifically to investigate differences in characteristics of migraine, levels of functioning and quality of life in patients within traditional versus alternative school placements.

Akron Children's Hospital, Principal Investigator March 2018 – present
Project Title: The Impact of Trauma History on Headache Outcomes

- Designed a quality project on routine trauma screening in the new patient Headache Clinic and collected outcome data at neurology follow-up visits to determine the impact of trauma on headache outcomes including frequency, duration, severity, and disability.

Akron Children's Hospital, Principal Investigator March 2015 – June 2019
Project Title: Demographic and Psychosocial Characteristics of Children Receiving Infusion Treatment for Refractory Migraine

- Examined demographic and psychosocial variables associated with accessing infusion treatment for migraine.

Akron Children's Hospital, Principal Investigator March 2014 – present
Project Title: Assessment of the Factor Structure and Psychometric Properties of the Pediatric Pain Coping Inventory in Children with Headache

- Examination of the factor structure of the PPCI in children with headache disorders to determine whether the 5-factor model is applicable and appropriate for children with headache.

Akron Children's Hospital, Principal Investigator February 2013 – August 2017
Project Title: Validation of the PAT-Chronic Pain in Children and Adolescents with Headache

- Validation of the PAT-Chronic Pain using well-established measures assessing behavior, mood, functional disability, quality of life, and pain coping.
- Examination of the factor structure of the Caregiver Health Beliefs subsection to determine any changes to improve internal consistency of the subscale.

University of Oklahoma Health Sciences Center, Co-investigator August 2011 – August 2012
Project Title: Adaptation of the Psychosocial Assessment Tool for Use in Children and Adolescents with Chronic Pain

- Adapted the PAT2.0 for use as a psychosocial screening tool in children with chronic pain.

University of Oklahoma Health Sciences Center, Co-investigator September 2010 – August 2011
Project Title: An Evaluation of Psychosocial Outcomes for Children and Adolescents Attending a Summer Camp for Youth with Chronic Illness

- Conducted analysis of camp data to evaluate the effectiveness of the camp program on psychosocial outcome variables including quality of life and hope. Served as lead author on manuscript and coordinated manuscript development and submission.

University of Oklahoma Health Sciences Center, Research Assistant July 2010 – August 2010

- Assisted pediatric physicians and psychologists with project development, data collection, and data entry of research projects with children with chronic medical illnesses.
- Co-investigator: Attitudes and Perspectives of Healthcare Providers and Learners toward Co-sleeping and Bed-sharing

Helen DeVos Children's Hospital, Principal Investigator December 2009 – May 2010
Project Title: Using the WISC-IV Integrated to Determine Differences in Performance in Children Diagnosed with a Brain Tumor

- Designed an original research study comparing WISC-IV subtest scores with WISC-IV Integrated subtest scores in a sample of children with brain tumor. Administered complete WISC-IV Integrated test protocols to children enrolled in the study. Analyzed data and prepared poster for presentation at national conference.

Indiana University of Pennsylvania, Dissertation Defended March 2009
Title: The Effects of Written and Verbal Emotional Expression on Cancer Patients' Health

- Prospective research study completed through the Cancer Center at Indiana Regional Medical Center examining the benefits of emotional expression on physical and mental health of women with breast cancer.

Indiana University of Pennsylvania, Graduate Research Assistant August 2006 – May 2008

- Coded transcripts of video-taped data examining verbal and written modes of communication in adult couples. Assisted with academic administrative tasks for undergraduate developmental psychology courses.

Indiana University of Pennsylvania, Video Research Project Assistant August 2007

- Assisted with creating a video clip for clinical research examining therapists' perceptions of client's symptom severity based on nonverbal and verbal therapeutic exchange.

Indiana University of Pennsylvania, Grief Camp Group Leader September 2006 & April 2007

- Assisted with dissertation data collection by co-leading groups for children and adults at a one-day Grief Camp.

Indiana University of Pennsylvania, Hypnosis Study Lab Assistant February 2007

- Assisted with dissertation data collection by conducting hypnotic inductions and teaching participants self-hypnosis to determine the physiological effects of hypnosis.

Indiana University of Pennsylvania, Graduate Research Assistant August 2005 – May 2006

- Lead laboratory research protocols examining cardiophysiological responses in students with a history of PTSD or a family history of cancer. Supervised undergraduate assistants in laboratory tasks and procedures. Assisted with editing text manuscript for undergraduate psychology textbook.

Indiana University of Pennsylvania, Graduate Research Assistant August 2004 – May 2005

- Assisted with research examining social support in relation to natural disasters, trauma, traumatic events, resilience, and terror.

Kent State University, Undergraduate Research Assistant August 2002 – May 2004

- Recruited families at local physicians' offices for participation in research study on Triple P (Positive Parenting Program) and assisted with data entry using SPSS.

Kent State University, Undergraduate Research Assistant August 2000 – May 2001

- Conducted telephone interviews assessing social support in new mothers of low socioeconomic status.

PUBLICATIONS

Woods, K., Ostrowski-Delahanty, S., Cieplinski, T., Winkelman, J., Polk, P., & Victorio, M.C. (2019). Psychosocial and demographic characteristics of children with migraine presenting for infusion treatment. *Headache: The Journal of Head and Face Pain*, 59, 858-868.

Woods, K. & Ostrowski-Delahanty, S. (2017). Psychometric properties of the Psychosocial Assessment Tool-Chronic Pain Version used in families of children with headache. *Journal of Child Neurology*, 32, 766-773.

Woods, K., & Eisenman, E. (2014). Incorporating apps into mental and behavioral health treatment. *The Ohio Psychologist*, 61, 17-20.

Woods, K., & Celeste, B. (2013). Advocating for Medicaid reimbursement of health and behavior codes. *The Ohio Psychologist*, 60, 10-11.

Woods, K., Mayes, S., Bartley, E., Fedele, D., & Ryan, J. (2013). An evaluation of psychosocial outcomes for children and adolescents attending a summer camp for youth with chronic illness. *Children's Health Care*, 42, 85-98.

Woods, K. & Gillaspy, S. R. (2012). Medicaid reimbursement and utilization of health and behavior codes: Year one in Oklahoma. *Journal of Pediatric Psychology*, 37(5), 503-508.

MANUSCRIPTS IN PROGRESS

Wentworth, R., Ostrowski-Delahanty, S., Swain, N., Weyand, C., & **Woods, K.** *Differences in psychosocial functioning in children with neurological disorders.*

Woods, K., & Ostrowski-Delahanty, S. *An examination of the factor structure of the Pediatric Pain Coping Inventory in youth with headache disorders.*

Winkelman, J., Ostrowski-Delahanty, S., Cieplinski, T., Feathers, M., Polk, P., **Woods, K.**, & Victorio, M.C. *Evaluation of patient satisfaction among adolescents who received infusion treatment for headache.*

UNPUBLISHED MANUSCRIPTS

Woods, K., Ramsey, R., & Gillaspy, S. R. *Adaptation of the Psychosocial Assessment Tool for use in children and adolescents with chronic pain.*

PEER REVIEW OF PUBLICATIONS

Akron Children's Hospital

- Invited by the editor to peer review of journal articles submitted to *Headache*
- Invited by the editor to peer review of journal articles submitted to *Stress and Health*
- Invited by the editor to peer review of journal articles submitted to *Journal of Child Neurology*
- Invited to peer review conference abstracts for the International Society for Traumatic Stress Studies

University of Oklahoma Health Sciences Center

July 2010 – August 2012

- Provided peer reviews of journal article under the supervision of fellowship supervisors

PRESENTATIONS

- Woods, K.** (2018, May). *Mindfulness for Healthcare Professionals*. Invited talk at the Annual Development, Behavior, and Emotions Conference, Akron, OH.
- Woods, K.** (2018, April). *Teaching Mindfulness to Kids and Teens*. Invited talk at the Advanced Practice Provider Meeting, Akron, OH.
- Woods, K.** (2018, April). *Mindfulness for Nurses*. Invited talk at the Magnet Champion Nurses Meeting, Akron, OH.
- Woods, K.** (2017, October). *Mindfulness for healthcare professionals*. Invited talk at the Developmental Behavioral Pediatrics Division Retreat.
- Johnson, T., Casenhiser, T., & **Woods, K.** (2017, September). *Mindful stress management for nurses*. Invited talk at the Pediatric Nursing Conference at Akron Children's Hospital, Akron, OH.
- Woods, K.** (2016, November). *Stress management*. Invited talk at the NeuroDevelopmental Science Center Nurse Retreat, Akron, OH.
- Duby, J., & **Woods, K.** (2014, October). *Introduction to motivational interviewing*. Workshop presented at Akron Children's Hospital, Akron, OH.
- Woods, K.** (2014, August). *Transforming a research idea into reality: Creating a web-based CBT intervention for adolescents with headache*. Invited talk at the NeuroDevelopmental Science Center Research Meeting, Akron, OH.
- Woods, K.,** & Gillaspay, S. R. (2012, April). *Medicaid reimbursement and utilization of health and behavior codes: Year one in Oklahoma*. Paper presentation at the Midwest Regional Conference on Pediatric Psychology, Milwaukee, WI.
- Woods, K.** (2011, October). *Introduction to progressive muscle relaxation for pain management*. Invited talk at the Nursing Education in Pediatric Pain meeting, Oklahoma City, OK.
- Woods, K.,** & Gillaspay, S. (2011, March). *Psychological and behavioral aspects of pediatric pain*. Invited talk at IV Annual Pediatric Interdisciplinary Conference: Winds of Change in Pediatric Pain Management, Oklahoma City, OK.
- Woods, K.** (2011, March). *Psychological and behavioral aspects of pediatric pain*. Invited talk at The University of Oklahoma Health Sciences Center's Pediatric Psychology Professional Development Seminar, Oklahoma City, OK.
- Woods, K.** (2010, March). *Neurocognitive effects of brain tumors and the impact on academic performance*. Invited talk at St. Jude Children's Research Hospital Psychosocial Rounds, Memphis, TN.
- Woods, K.** (2008, August). *Behavioral health screening in sickle cell patients using the CBCL*. Invited talk at Children's Hospital of Pittsburgh's Sickle Cell Team Meeting, Pittsburgh, PA.

POSTERS

- Woods, K.,** & Ostrowski-Delahanty, S. (2019, September). An examination of the factor structure of the Pediatric Pain Coping Inventory in youth with headache disorders. Poster presented at the 2019 International Headache Congress, Dublin, Ireland.
- Wentworth, R., Ostrowski-Delahanty, S., Swain N., Weyand, C., & **Woods, K.** (2019, August). Differences in psychosocial functioning in children with neurological disorders. Poster presented at the Annual American Psychological Association Convention, Chicago, IL.

- Johnson, T., Casenhiser, T., **Woods, K.**, & Ostrowski-Delahanty, S. (2017, September). Mindful stress management for nurses. Poster presented at the Pediatric Nursing Conference at Akron Children's Hospital, Akron, OH.
- Winkelman, J., Ostrowski-Delahanty, S., Cieplinski, T., Feathers, M., Polk, P., **Woods, K.**, & Victorio, M.C. (2017, September). Evaluation of patient satisfaction among adolescents who received infusion treatment for headache. Poster presented at the 18th Congress of the International Headache Society, Vancouver, Canada.
- Woods, K.**, Cieplinski, T., Winkelman, J., & Victorio, M. C. (2015). Psychosocial and demographic characteristics of children with migraine presenting for infusion treatment. Poster presented at the 17th Congress of the International Headache Society, Valencia, Spain.
- E. Eisenman, Triemstra, K., & **Woods, K.** (2014, May). Factor analysis investigation of the utility of the Caregiver Beliefs subscale of the PAT-Chronic Pain. Poster presented at Pediatric Research Day at Akron Children's Hospital, Akron, OH.
- Triemstra, K., Eisenman, E., & **Woods, K.** (2014, March). *The utility of the PAT-Chronic Pain for use with children of different ages, gender, and headache types.* Poster presented at the National Conference in Pediatric Psychology, Philadelphia, PA.
- Woods, K.** (2013, August). *Preliminary Use of the Psychosocial Assessment Tool for Chronic Pain in children with headaches.* Poster presented at the annual American Psychological Association Convention, Honolulu, HI.
- Woods, K.**, Ramsey, R., & Gillaspay, S. R. (2012, April). *Adaptation of the Psychosocial Assessment Tool for use in children and adolescents with chronic pain.* Poster presented at the Midwest Regional Conference on Pediatric Psychology, Milwaukee, WI.
- Woods, K.** & Gillaspay, S. R. (2012, April). *Medicaid reimbursement and utilization of health and behavior codes: Year one in Oklahoma.* Poster presented at the Midwest Regional Conference on Pediatric Psychology, Milwaukee, WI.
- Woods, K.**, Mayes, S., & Bartley, E. J., (2011, April). *An evaluation of psychosocial outcomes for children and adolescents attending a summer camp for youth with chronic illness.* Poster presented at the National Conference in Pediatric Psychology, San Antonio, TX.
- Woods, K.**, Hammerstrom, H., & Pastyrnak, S. L. (2010, August). *Using the WISC-IV Integrated to determine differences in performance in children diagnosed with a brain tumor.* Poster presented at the annual American Psychological Association Convention, San Diego, CA.

PROVISION OF SUPERVISION

- Akron Children's Hospital September 2013 – present
- Supervise pediatric psychology postdoctoral fellows completing clinical training with an emphasis on management of headache and other pain disorders in children and adolescents.
 - Supervise pediatric psychology postdoctoral fellow research projects in the area of headache assessment and treatment.
 - Supervise undergraduate students participating in the Summer Pediatric Research Scholar Program
- University of Oklahoma Health Sciences Center September 2010 – August 2012
- Provided direct supervision of clinical psychology doctoral students completing practicum training within the Pain Management Clinic, hematology/oncology clinics, and the Inpatient C/L service.

TEACHING EXPERIENCE/FELLOWSHIP LECTURES

- *Introduction to Motivational Interviewing*. Invited talk at the Pediatric Psychology Fellowship Didactic Seminar
- *Bio-behavioral Treatment for Chronic Pain*. Invited talk at the Pediatric Psychology Fellowship Didactic Seminar
- *Basics of biofeedback*. Invited talk at the Pediatric Psychology Fellowship Didactic Seminar
- *Self-Care*. Invited talk at the Psychology Professional Development Seminar
- *Adherence to treatment*. Invited talk at the Pediatric Psychology Fellowship Didactic Seminar
- *Pediatric chronic pain*. Invited talk at the Pediatric Psychology Didactic Seminar
- *Teaching pill swallowing to children and adolescents*. Invited talk at the Pediatric Psychology Fellowship Didactic Seminar

AWARDS & HONORS

2013 Research Award – Association of Camp Nurses

PROFESSIONAL AFFILIATIONS

APA Division 54: Society of Pediatric Psychology, Member (2009 – present)

American Headache Society, Member (2012 – present)

Association for Applied Psychophysiology and Biofeedback, Member (2013 – present)

Ohio Psychological Association, Member (2012 – 2016)

Advocacy Committee Member (2012 – 2016), H&B Code Committee Chair (2014 – 2016)

American Psychological Association, Member (2004 – 2013)

Division 53: Society of Clinical Child and Adolescent Psychology, Member (2011-2013)

American Pain Society (2009 – 2010)

Pennsylvania Psychological Association (2004-2009)

Pennsylvania Psychological Association of Graduate Students (2004-2009)