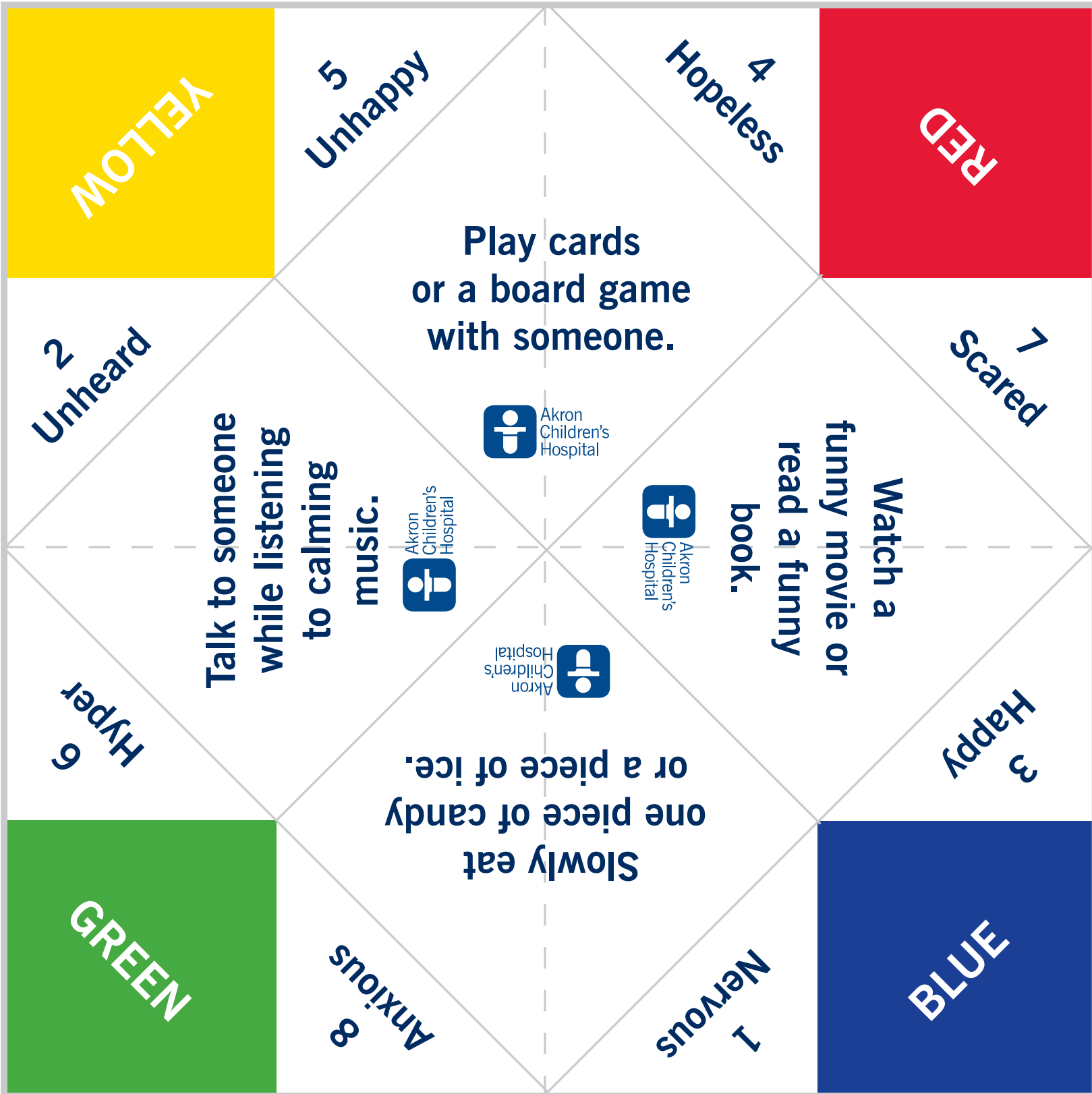


Instructions for Making a Feelings Catcher

- 1 Cut out Feeling Catcher square. Fold square in half both directions and unfold.
- 2 Turn the paper over so the design is face down on the table.
- 3 Fold all four corners to the middle.
- 4 It should look like this.
- 5 Flip the paper over to the other side.
- 6 Fold each of the corners to the middle again.
- 7 It should look like this.
- 8 Now fold in half.
- 9 Place your fingers in and wiggle them to open your Feelings Catcher.
- 10



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