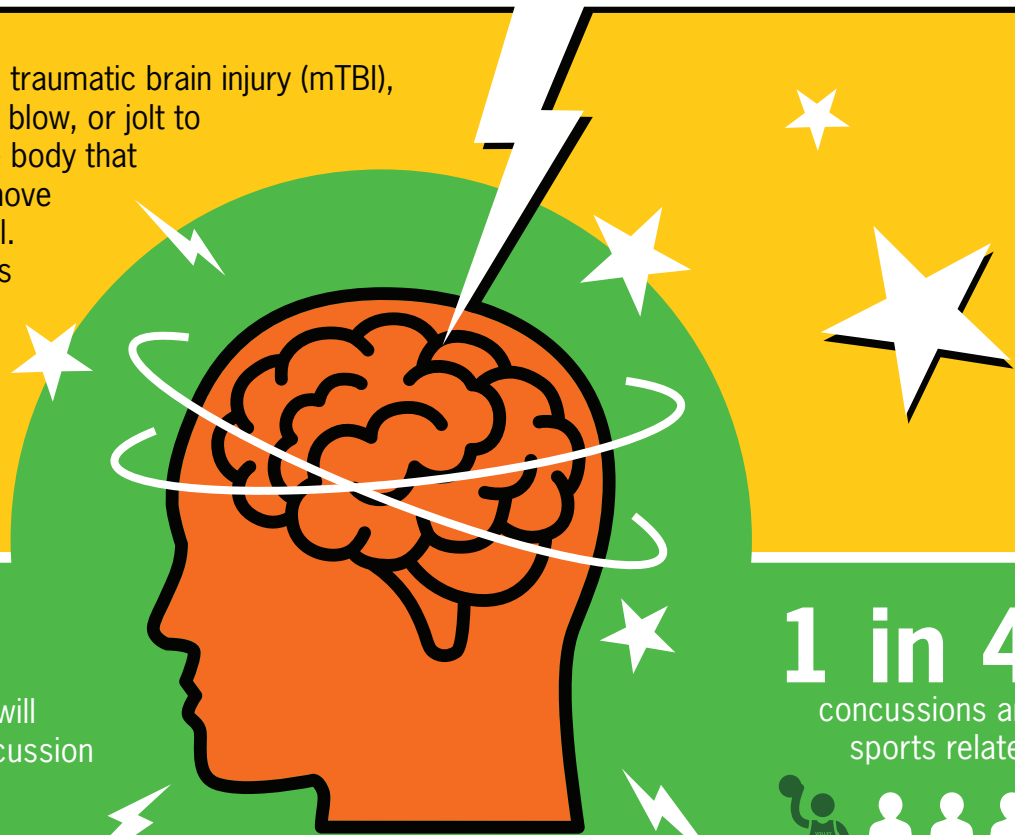


What is a concussion?

A concussion, or mild traumatic brain injury (mTBI), is caused by a bump, blow, or jolt to either the head or the body that causes the brain to move rapidly inside the skull. A concussion changes how the brain normally functions.



1 in 5

high school athletes will sustain a sports concussion during the season



1 in 4

concussions are sports related



High school athletes who sustain a concussion are

3 times

more likely to sustain a second concussion



Football and Girls' Soccer

experience the most concussions



Emergency departments treat more than

170,000

kids and teens annually for sports and recreation-related TBIs, including concussions



90% of diagnosed concussions do not involve a loss of consciousness