



DIABETES MEDICAL MANAGEMENT PLAN FOR THE STUDENT WITH DIABETES ON CONTINUOUS GLUCOSE MONITOR

<input type="checkbox"/> Fax to School	<input type="checkbox"/> Family to Pick up		
Student:	DOB:	School:	Grade:
Address:		Home Phone:	

What is a CGM? A Continuous Glucose Monitor (CGM) reads glucose levels from a sensor the interstitial fluid (under the skin). It usually reads within 20% of a finger stick blood sugar value. It can be programmed to alert (vibrate or alarm) for high and low glucose levels. The Doctor approved as a replacement to finger sticks for use in making diabetes treatment decisions including dosing. A finger stick blood glucose value is required for calibration when requested by the device or if symptoms don't match sensor glucose reading (see below). **Student should not dose off of a CGM value unless both a blood glucose reading and trending arrow are present.**

CGMs contain three parts: 1) **Glucose sensor:** Placed just under skin by the user. The sensor contains an electrode that detects changes in glucose levels. 2) **Connects** to the sensor and sends results to the receiver. 3) **Receiver:** Shows the glucose result and allows operation of the CGM. Receiver may be within an insulin pump, phone, or electronic device. Most CGMs have software, which allows the user to track trends and communicate data to parent(s)/guardian/healthcare providers. Please allow WiFi Access.

Alert Settings: A CGM may alert audibly if interstitial glucose is outside the parameters set by parent(s)/guardian.

Arrows: Arrows on the screen indicate the speed at which the glucose levels are changing.



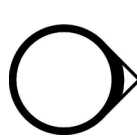
Glucose is
rapidly rising.
May increase
90 mg/dL in
30 minutes



Glucose is
rising.
May increase
60-90 mg/dL
in 30 minutes



Glucose is
slowly rising.
May increase
30-60 mg/dL
in 30 minutes



Glucose is
steady



Glucose is slowly
decreasing.
May decrease
30-60 mg/dL in
30 minutes



Glucose is
decreasing.
May decrease
60-90 mg/dL in
30 minutes



Glucose is rapidly
decreasing.
May decrease
90 mg/dL in
30 minutes

Use of a CGM at School

When to check a finger stick blood glucose:

- When the sensor values is less than _____ or greater than _____
- If a trend arrow or sensor glucose is absent. (Both a trend arrow and glucose reading are necessary)
- If symptoms do not match presentation
- During sensor warm up period
- If device indicates a blood glucose check is required

Notify Parent/Guardian:

- Glucose Sensor becomes dislodged (*If transmitter falls off do not throw away! Give to family*)
- Soreness, redness or bleeding at site
- CGM Malfunction

Additional Information:

- An individualized treatment plan in response to trend arrows will be developed between the school and the parent(s)/guardian.
- Parent(s)/guardian will ensure calibration of CGM daily per manufacturing recommendations
- CGM reading can be used for ☐ Pre-activity ☐ Dismissal from school ☐ Pre-meal glucose ☐ Snack glucose ☐ Other
- If your school has a metal detector or body scanner contact manufacturer for guidance

To be completed by parent/guardian: I give permission for my child to receive medication at school according to the school district policy and as instructed by the Health Care Provider and agree to:

- Assume responsibility for safe delivery of the medication in its original container to the school
- Notify the school immediately if there is any change in the use of this medication
- Notify the school of changes in Health Care Provider
- Allow designated school staff to send and/or receive information related to my child's health as they deem appropriate.
- This form is valid for School Year 2025-2026.

Parent/Guardian:	Date:
Provider:	Date:



HIPAA AUTHORIZATION to RELEASE MEDICAL RECORDS (TO Children's)

Please PRINT and fill out entirely.

MRN

Facility Use Only

Patient Information	Patient Name: _____ Last First Middle (any previous name) / / Date of Birth _____ Patient Street Address City State Zip Phone _____
Release TO	Release Information TO Akron Children's Hospital Choose one: <input checked="" type="checkbox"/> Akron Campus <input checked="" type="checkbox"/> Mahoning Valley Campus Address: One Perkins Square, Akron, OH 44308 6505 Market Street, Youngstown, OH 44512 Name/Dept: Center for Diabetes & Endocrinology Attention: _____ (330) 543-3276 (330) 543-8489 Endocrine@akronchildrens.org Phone Fax Email Address
Release FROM	Release FROM the following Person(s) or Organizations: Name: _____ () Phone _____ Street Address City State Zip Fax _____
Purpose	Person/Place requesting records (check all that apply): <input type="checkbox"/> Patient/Parent/Legal Guardian <input type="checkbox"/> Doctor/Hospital <input type="checkbox"/> Lawyer <input type="checkbox"/> Insurance Company <input type="checkbox"/> Other _____ Purpose of Release (check all that apply): <input checked="" type="checkbox"/> Patient Care <input type="checkbox"/> Disability <input type="checkbox"/> Insurance <input checked="" type="checkbox"/> School <input type="checkbox"/> Legal <input type="checkbox"/> Personal Use <input type="checkbox"/> Other _____
Information to Release	→ Dates of Treatment Requested: _____ <input type="checkbox"/> Medical Record Abstract – pertinent information generally used for continued care/personal use/disability. The following items are included in a Medical Record Abstract: After Visit/Discharge Summary, Emergency Record History & Physical, Inpatient Consult Report(s) Operative Report(s), Outpatient Clinic Note(s) Radiology Reports, Lab or Other Tests <input type="checkbox"/> Other Information Requested (choose any to release): <input type="checkbox"/> Vaccination (shot) records <input type="checkbox"/> Billing Records <input type="checkbox"/> Radiology Reports <input type="checkbox"/> Appointment list <input type="checkbox"/> Radiology Images on disc <input checked="" type="checkbox"/> Demographics page <input type="checkbox"/> Lab results (blood work) <input type="checkbox"/> Pathology Report <input type="checkbox"/> Doctor's Office Reports (Doctor or Department Name) _____ <input checked="" type="checkbox"/> Other: (please list exact documents) <u>Any Treatment by School Personnel</u>
Patient/Parent/Legal Guardian	This authorization expires one year from the date of signature, <u>OR</u> on this date / event: _____ I understand that treatment does not depend on me signing this Authorization. I understand that my/my child's/my ward's medical record might have information about sexually transmitted disease (STDs), acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It might also have information about mental health problems or services, and/or treatment for alcohol or drug abuse. I understand that if I release records to someone other than a doctor, insurance company, hospital or other health-related organization, these records may no longer be protected by the Federal privacy regulations, and this person or organization might release the records to someone else, except as prohibited by 42 CFR Part 2 or other applicable law. I understand that I can revoke or cancel this Authorization at any time, but this does not apply to records that were already released. If I want to revoke it, I must notify the Privacy Officer, in writing, at Akron Children's Hospital, One Perkins Square, Akron, OH 44308. By signing below, I affirm that I am the patient and/or the patient's personal representative, and have the authority to authorize who may access or receive the patient's health information. _____ Signature of Patient or Parent/Legal Guardian Printed Name Date My relationship to the patient is <input type="checkbox"/> Self <input type="checkbox"/> Parent <input type="checkbox"/> Legal Guardian – Attach <u>Court Order</u> to show your authority to sign _____ Signature of Witness Printed Name Date



HIPAA AUTHORIZATION to RELEASE MEDICAL RECORDS (FROM Children's)

MRN

Facility Use Only

Please PRINT and fill out entirely.

Patient Information	Patient Name: _____ Last First Middle (any previous name) Date of Birth		
	Patient Street Address City State Zip Phone		
Release To	Release Information <u>TO</u> the following Person(s) or Organizations: Name/Organization: _____/School Attention: _____ Address City State Zip () () Phone Fax Email Address		
	Person/Place requesting records (check all that apply): <input checked="" type="checkbox"/> Patient/Parent/Legal Guardian <input type="checkbox"/> Doctor/Hospital <input type="checkbox"/> Lawyer <input type="checkbox"/> Insurance Company <input type="checkbox"/> Other _____ Purpose of Release (check all that apply): <input checked="" type="checkbox"/> Patient Care <input type="checkbox"/> Disability <input type="checkbox"/> Insurance <input checked="" type="checkbox"/> School <input type="checkbox"/> Legal <input type="checkbox"/> Personal Use <input type="checkbox"/> Other		
Method of Release	Format of records to be released: <input checked="" type="checkbox"/> on paper <input checked="" type="checkbox"/> PDF [on CD or Jump Drive (if available)] <input checked="" type="checkbox"/> Verbal communication only with person or agency listed above Information May Be Sent Via: (Note: Radiology images can only be placed on CD and mailed or picked-up) <input checked="" type="checkbox"/> Mail Delivery <input checked="" type="checkbox"/> Fax <input checked="" type="checkbox"/> Pick Up <input checked="" type="checkbox"/> Encrypted Email* <input checked="" type="checkbox"/> to MyChart* (*electronic records only, size restrictions apply)		
	→ Dates of Treatment Requested: _____ (If not specified, the LAST 6 MONTHS will be released) <input checked="" type="checkbox"/> Medical Record Abstract – pertinent information generally used for continued care/personal use/disability. The following items are included in a Medical Record Abstract: After Visit/Discharge Summary, Emergency Record History & Physical, Inpatient Consult Report(s) Operative Report(s), Radiology Reports, Lab or Other Tests Other Information Requested (choose any to release): <input type="checkbox"/> Vaccination (shot) records <input type="checkbox"/> Billing Records <input type="checkbox"/> Radiology Reports <input type="checkbox"/> Appointment list <input type="checkbox"/> Radiology Images on disc <input checked="" type="checkbox"/> Demographics page <input type="checkbox"/> Lab results (blood work) <input type="checkbox"/> Pathology Report <input type="checkbox"/> ACHP Records (specify ACHP): _____ <input checked="" type="checkbox"/> Doctor's Office Reports (Doctor or Department Name) <u>Center for Diabetes & Endocrinology</u> <input checked="" type="checkbox"/> Other: (please list exact documents) <u>AVS, School Form, Current Orders</u>		
Patient/Parent/Legal Guardian	This authorization expires one year from the date of signature, <u>OR</u> on this date / event: _____ I understand that treatment does not depend on me signing this Authorization. I understand that my/my child's/my ward's medical record might have information about sexually transmitted disease (STDs), acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It might also have information about mental health problems or services, and/or treatment for alcohol or drug abuse. I understand that if I release records to someone other than a doctor, insurance company, hospital or other health-related organization, these records may no longer be protected by the Federal privacy regulations, and this person or organization might release the records to someone else, except as prohibited by 42 CFR Part 2 or other applicable law. I understand that I can revoke or cancel this Authorization at any time, but this does not apply to records that were already released. If I want to revoke it, I must notify the Privacy Officer, in writing, at Akron Children's Hospital, One Perkins Square, Akron, OH 44308. By signing below, I affirm that I am the patient and/or the patient's personal representative, and have the authority to authorize who may access or receive the patient's health information. Signature of Patient or Parent/Legal Guardian _____ Printed Name _____ Date _____ My relationship to the patient is <input type="checkbox"/> Self <input type="checkbox"/> Parent <input type="checkbox"/> Legal Guardian – Attach <u>Court Order</u> to show your authority to sign Signature of Witness _____ Printed Name _____ Date _____		
	Submit completed form AND a copy of a valid Photo ID (if a current one is not on file with us) to: Mail form to: Akron Children's Hospital ENDOCRINOLOGY One Perkins Square Akron, OH 44308 Fax form to: 330-543-8489 Questions? Call: 330-543-3276		