### Breastfeeding



Akron Children's Breastfeeding Medicine is a specialized area of health care that focuses on supporting you and your baby to make breastfeeding a positive and fulfilling experience.

Our breastfeeding medicine team are dedicated to helping you navigate any challenges you might encounter while breastfeeding. We provide personalized guidance, advice and evidence-based information to ensure both you and your baby thrive during this special bonding time.

Whether it is tackling concerns about milk supply, helping with latch issues, managing breastfeeding discomfort, or helping with any other breastfeeding-related worries, we are here to support you every step of the way. Our goal is to empower

you to feel confident and comfortable while giving your baby the best start in life through breastfeeding.

To learn more about our breastfeeding services, or to schedule an appointment:





akronchildrens.org/breastfeeding



### **Breastfeeding Services**

#### Prior to your baby's birth we can help you with:

- · Breastfeeding concerns during pregnancy.
- Creating a plan for premature babies, multiple births or babies with complex medical conditions.
- · Breastfeeding after breast surgery.
- Breastfeeding/chestfeeding in LGBTQ+ patient.

## If your baby is admitted to one of our Neonatal Intensive Care Units (NICU), Special Care Nurseries (SCN) or Acute Care, we help you:

- · Learn how to breastfeed, with one-on-one instructions.
- Establish and maintain milk supply.
- · Rent a breast pump.
- · Learn to use a breast pump.
- · Transition when your baby is ready to breastfeed.
- · Learn to use specialty feeding devices.
- · With any lactation difficulties.
- Adjust feeding positions to help your baby latch onto the breast.
- Breastfeed twins or triplets.

# After you and your baby are at home our breastfeeding medicine team can help to diagnose, treat and manage breastfeeding items such as:

- Low milk supply or oversupply.
- Painful feeding.
- Managing slow weight gain through nutrition.
- Thrush.
- · Breast masses.
- Stimulating milk production.
- Complex medication schedules.
- Breast infection.
- Manage nutritional needs to ensure your baby's healthy growth and weight gain.
- Provide breast milk when you are separated from your baby, such as during a hospital stay.
- Referrals for medical conditions that require additional care.



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