

RUBI:

Skills training for caregivers



About the program.

Akron Children's offers the Research Units in Behavioral Intervention (RUBI) program, designed for families of children ages 5-13 who have autism or developmental delays and show challenging behaviors. We understand that every child is unique, and our program provides tools and strategies to help your child thrive and succeed.

How it works.

Caregivers attend weekly, 60-minute sessions for 11 weeks. These can be offered through telehealth or in-person. During each meeting, you will learn new skills and engage in practice activities that help you use new skills at home.

What you'll learn.

- Basic behavior strategies.
- How to prevent difficult behaviors.
- Ways to encourage good behavior.
- When to ignore certain behaviors.
- Better ways to communicate.
- How to get your child to follow directions.
- Teaching your child new skills.
- Helping your child use skills everywhere.

What you need to join.

- Commitment to attend all meetings.
- Someone to watch your child during meetings.
- Time to practice your new skills at home.

Ready to start?

- Classes are in English.
- Call **330-543-8050 (press 9)** to learn more or join.