

Inaugural Behavioral Health Primer for the Medical Practitioner



Friday, Nov. 15, 2024
8 a.m. - 4:30 p.m.

Akron Children's Hospital
Considine Professional Building
Auditorium
215 W. Bowery St.
Akron, OH 44308



**Akron
Children's
Hospital**

Who Should Attend

This event offers up-to-date, practical information about diagnoses and treatment of pediatric mental health disorders (PTSD, depression, anxiety disorders, ADHD, disruptive disorders and aggression in youth) for any health care professional who works with children and adolescents. This includes physicians, nurse practitioners, nurses, social workers, psychologists, LPCC/PCC, residents and fellows.

Continuing Education

Akron Children's Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

Akron Children's Hospital designates this live or internet educational activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

Disclosures

It is the policy of Akron Children's Hospital to ensure balance, independence, objectivity and scientific rigor in all its educational activities. Anyone in a position to influence the content, such as planners, speakers, authors or others, must provide disclosure. The intent of this policy is not to prevent a speaker from making a presentation. It is intended only that any potential conflict of interest should be identified openly so that the listeners may form their own judgments about the presentation with the full disclosure of the facts.

Planners, faculty, or others who may control education content are requested to disclose all financial relationships that they have had in the past 24 months with ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, re-selling, or distributing health care products used by or on patients.

All presenters and planning committee members have returned their financial disclosures indicating they have no relationships with ineligible companies.



Conference Objectives

1. Describe the effects of childhood trauma on developing children, recognize different symptoms of PTSD and comorbid conditions, and list evidence-based treatments and resources.
2. Improve understanding of the prevalence of depression in adolescents and racial and ethnic considerations, review evidence-based screening and assessments tools and review the risks and benefits of treatment options.
3. Summarize diagnostic criteria for common anxiety disorders and obsessive-compulsive disorder to differentiate between the disorders and describe first- and second-line treatment strategies for anxiety and obsessive-compulsive disorder.
4. Identify the developmental, psychiatric and social sequelae that are occurring as a result of substance use in adolescents and recognize evolving trends.
5. Recognize the biological mechanisms underlying aggression, and determine differential diagnoses of these symptoms, as well as review evidence-based treatments and resources.
6. Recognize how to differentiate ADHD from psychiatric conditions that might resemble this condition, and learn about common ADHD medications along with their mechanisms of action and ongoing management, as well as non-pharmacological interventions.
7. Identify the diversity, scope and breadth of behavioral programs offered at Akron Children's Hospital across the service line, primary care practices and subspecialty clinics and how to access innovative, evidence-based care delivery for patients.



Akron Children's Hospital Presenters

Sumru Bilge-Johnson, MD

Program Director,

Child and Adolescent Psychiatry Fellowship

Educational Director,

Child Psychiatry and Behavioral Health

Professor of Psychiatry, NEOMED

Laura A. Markley, MD, FAPA, FACLP, FAAP, FASAM

Director

Division of Medical Coping

and Addiction Services

Department of Psychiatry and

Behavioral Health

General Pediatrician

Division of Adolescent Medicine Department
of Pediatrics

Rihab Mohamed, MD

Division Director of Outpatient Services

Clinical Assistant Professor of Psychiatry,
NEOMED

Child and Adolescent Psychiatrist

Susan Neilan, MD, JD

Child and Adolescent Psychiatrist

Mike Redovian, MD

Clinical Assistant Professor of Psychiatry,
NEOMED

Central Regional Medical Director

Associate Fellowship Director

Child and Adolescent Psychiatrist

Jeffrey Smith, MD

Clinical Associate Professor of Psychiatry,
NEOMED

Department of Pediatric Psychiatry
and Psychology

Eva Szigethy, MD, PhD

Lois C. Orr Endowed Chair of Pediatric

Psychiatry and Behavioral Health

Professor of Psychiatry, NEOMED



Akron Children's Hospital Planning Committee

Sumru Bilge-Johnson, MD

Laura A. Markley, MD, FAPA, FACLP, FAAP, FASAM

Rihab Mohamed, MD

Susan Neilan, MD, JD

Mike Redovian, MD

Jeffrey Smith, MD

Meredith Strassburger

Eva Szigethy, MD, PhD

Katrina Wolford

Conference Agenda and Registration

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Friday, Nov. 15, 2024

7:30 – 7:55 a.m.	Registration and Breakfast
8 – 9 a.m.	Grand Rounds Childhood Trauma and 100 Different Faces of PTSD <i>Sumru Bilge-Johnson, MD</i>
9 – 9:15 a.m.	Break
9:15 – 10:15 a.m.	Child and Adolescent Depression: Considerations and Opportunities <i>Rihab Mohamed, MD</i>
10:15 – 11:15 a.m.	My Brain Won't Shut Up: Anxiety and OCD for the Primary Care Provider <i>Mike Redovian, MD</i>
11:15 a.m. – 12:15 p.m.	Psychological and Developmental Impact of Substance Abuse in Adolescents <i>Laura A. Markley, MD, FAPA, FACLP, FAAP, FASAM</i>
12:15 – 1:30 p.m.	Lunch
1:30 – 2:30 p.m.	Aggression: Is it Human Nature or is it Pathologic? <i>Susan Neilan, MD, JD</i>
2:30 – 3:30 p.m.	An Overview of ADHD <i>Jeffrey Smith, MD</i>
3:30 – 3:45 p.m.	Break
3:45 – 4:15 p.m.	Everything Everywhere All at Once <i>Eva Szigethy, MD, PhD</i>
4:15 – 4:30 p.m.	Questions and Answers

Registration

The registration deadline is Nov. 1, 2024.
Please register and pay at
akronchildrens.org/bhprimer

Cancellation Policy

Please visit www.akronchildrens.org/cme to locate and review the CME cancellation/refund policy.

Additional Information

If you have questions or comments about the conference, please contact Meredith Strassburger at mstrassburger@akronchildrens.org.

Pricing

Physicians and Advance Practice Providers	\$100
Nurses, Psychologists and Social Workers	\$ 75
Non-Akron Children's Hospital Residents	\$ 75
Akron Children's Hospital Medical Students, Residents, Fellows and Emeritus Staff	FREE