

## Pre-surgery Checklist

- Stop giving your child any vitamins or herbal supplements two weeks before surgery.
- Arrange child care for your other children the day of surgery.
- Call the PSH before your child receives any vaccines before surgery.
- No alcohol or illegal substances are allowed within 24 hours of your child's procedure.

### Before Surgery Phone Call

You can expect a call one business day prior to your child's surgery. If you do not receive a call by 2 p.m. one business day before your child's surgery, please call the surgery location. You will be reminded of the following:

Surgery Date: \_\_\_\_\_

Surgery Time: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

You will also be given instructions on when to stop feeding your child the following:

Food/Drink	When to Stop
Stop solid foods, non-human milk, gum and candy	
Stop infant formula and thickened liquids	
Stop breast milk	
Stop all clear liquids	



### Akron Surgery Locations

#### GOJO Outpatient Surgery Center

Kay Jewelers Pavilion, 3rd Floor  
Akron, OH 44302  
330-543-1040

Park in the **P2** Exchange Deck at 348 Locust St.

#### Surgical Services

Main Hospital Building, 4th Floor  
Akron, OH 44308  
330-543-8529

Park in the **P1** Bowery Deck at 199 W. Bowery St.  
When you enter the hospital from the parking deck, turn right and walk across the bridge. You will be on the third floor of the main building. Take the **yellow elevators** to the 4th floor.

### Mahoning Valley Surgery Location

#### Kikel Center for Pediatric Surgery

Akron Children's Hospital Mahoning Valley  
Building B  
6505 Market St.  
Boardman, OH 44512  
330-746-8110

Parking available in the surface lot behind building D.



## Perioperative Surgical Home

**330-543-7777**



### PSH Clinic Locations

Akron

#### Akron Children's Hospital

Park in the **P1** Bowery Deck at  
199 W. Bowery St.  
Akron, OH 44308

When you enter the hospital from the parking deck, turn right and walk across the bridge. You will be on the third floor of the main building. Take the **orange elevators** to the 8th floor.

Mahoning Valley

#### Akron Children's Hospital Mahoning Valley

6505 Market St. Building A  
Boardman, OH 44512  
330-746-8110

Parking available in the surface lots in front of building A.

# Perioperative Surgical Home

Welcome to the Perioperative Surgical Home (PSH). Akron Children's Hospital is committed to providing coordinated care and the best patient experience to our families.

The PSH helps us improve outcomes by coordinating care for patients from the time surgery is scheduled, throughout the procedure, followed by recovery at home.

## Surgery information

**Surgery Date:** \_\_\_\_\_

**Surgeon:** \_\_\_\_\_

**Surgery Location:** \_\_\_\_\_

## PSH Visit Appointment

**PSH Visit Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**If you don't have a PSH appointment scheduled at least 2-3 weeks prior to your child's surgery, please call 330-543-7777.**

**In the PSH, our goal is to make sure each child is in the best health possible and ready for surgery.**



**Call the PSH at 330-543-7777  
for any questions.**

## What to bring to the PSH visit

- The patient and a parent/guardian. Note that only **two adults** may be in the exam room with your child.  
If a parent/guardian is not available, a grandparent who knows the child's medical and family history can bring your child to the appointment.
- Please make sure the parent or guardian is available by phone if not present.
- Copies of any legal documents about your child's custody or guardianship.
- Copies of patient and/or family medical records that explain health history, bleeding disorders or problems with anesthesia.
- List of your child's allergies – including medicine, food, latex or metal.
- List of all medicines your child has taken in the past 30 days – including medicines for cough/cold, teething pain, upset stomach or constipation; plus vitamins, herbal supplements or essential oils.
- Copies of all lab work, X-rays and/or CT/MRI scans taken by another provider/hospital for your child.
- Names and phone numbers of all the specialists your child sees.

**Please call PSH if your child becomes ill prior to the visit.**

Food and drinks are not allowed in the PSH area. Ask us where to find snack and food areas.



## What to expect at the PSH visit

Our team includes advanced practice providers (APPs), nurses, medical assistants and child life specialists. You can expect the visit to last about one hour.

- The APP will take your child's medical history, perform a physical exam and talk to you about the results.
- If we find your child has any medical issues that should be given attention before surgery, we will help you schedule the services needed to improve your child's health.

Please note that we will reschedule the surgery if we feel it is necessary to ensure your child's health and safety. We will notify your child's surgeon of our findings and work together to develop a care plan to address your child's needs.

- We will give you information about any lab work or medications your child needs before surgery.
- If your child's health care team includes specialists, we will contact those providers to get medical clearance and any instructions or orders they think are important for the surgery.
- A board-certified pediatric anesthesiologist is available to consult with our team.
- Child life specialists are available during your PSH visit and/or the day of surgery to help reduce stress and support your child and family. They will prepare your child for surgery using age-appropriate interventions.
- Because we will be preparing your child for surgery, we are unable to complete other requests such as school/sports forms.