



UPPER ENDOSCOPY PREPARATION

DAY OF SCOPE

- Your child may have nothing to eat after midnight except clear liquids which may be given up to 3 hours prior to the procedure. Clear liquids may include: water, Sprite, 7UP, Gatorade, Powerade, Propel, Pedialyte and Kool-Aid. (nothing red or purple).
- The patient may not take antacids or Carafate 24 hours prior to the procedure.
- No gum or candy is allowed the day of the procedure.
- The patient may brush their teeth.

***The patient must bring a driver the day of the procedure. The patient may not drive for 24 hours after the procedure.**

***Please ask for school and work excuses prior to discharge from the recovery room.**

AFTER YOU GO HOME

- Have the patient take it easy for the remainder of the day.
- Start a regular diet later that night.
- Allow the patient to go to school and resume regular activities the next day unless the doctor states otherwise.
- The patient may experience a minor sore throat or gas pains that should go away within 24 hours.

If you have any questions or concerns about this test or preparation, please call our office at 330-543-4488 and ask to speak to a nurse.

***All dates, times, and providers are subject to change for scheduled procedures.**