

TYPE 2 DIABETES-

Is your child at risk?

Know the risk factors, signs and symptoms of this preventable disease. Talk to your pediatrician with any concerns.



Risk factors:

- Abnormal or excessive weight gain
- History of Type 2 Diabetes, high blood pressure, and/or high cholesterol in parent or close family member
- Are African American, Hispanic/Latino American, American Indian, or Alaska Native

Signs and symptoms:

- Abnormal increase in thirst
- Increased trips to the bathroom
- Increasing fatigue
- Unexplained weight loss
- Dark patchy skin rash on various body skin folds

