

Tips for Taking High-Quality Photos



Sending your dermatology providers high-quality images will improve the accuracy of your diagnosis.

Please follow these guidelines for capturing images:

1. Ask the patient to stay still.

- Movement will make your images blurry.

2. Be mindful of the lighting.

- Take your photos in natural light (near a window or outdoors) and make sure they are free of shadows.
- If your light source is an indoor bulb, “daylight” or “bright white” bulbs are preferred.

3. Take pictures close-up and farther away.

- Capture at least two views of lesions (i.e. lumps, bumps, moles, etc.) and three views of rashes.
- **Photo 1** – Use a wide angle to show the location of the rash or lesion on the patient’s body.
- **Photo 2** – Capture a close-up view of the rash or lesion, less than 18 inches from the skin. Be sure to tap your screen to focus the camera.
- **Photo 3** – Photograph the entire body or large regions of the body to show where the rash is located.
- All areas of a rash should be photographed.
- If rash is changing over time, attempt to capture images at each stage.

4. Adjust your camera and the patient so that the lens is straight-on to the skin lesion/rash.

5. Attempt to keep the area of interest in the center of the photo.

6. Review your images before you submit them. Retakes are OK!