

# PREMATURITY AWARENESS

## BY THE NUMBERS

1 in 10



babies are born prematurely in Ohio



Prematurity is the **No.2** cause of infant death

African American women in Ohio experience higher rates of prematurity than others

**15%** | vs. | **10%**  
AFRICAN AMERICAN | WHITE

Ohio preterm birth rate ranks

●-----**28<sup>th</sup>**  
in the U.S.



A baby born more than **3 WEEKS EARLY** is considered premature

## REDUCE THE RISK



**1 IN 5** pregnant women experience maternal mental health conditions, like depression, anxiety, OCD, PTSD, bipolar or substance use disorders, which may increase the risk of premature birth.

**LESS THAN 18 MONTHS**

between delivery and becoming pregnant again increases risk of preterm birth



Maternal diabetes, high blood pressure, high BMI and drug use, including smoking and vaping, increase the **RISK OF PRETERM BIRTH**



Rate of prenatal smoking in Ohio  
**= 9%**

**PRENATAL CARE REDUCES RISK OF PREMATURITY**

**21%**

of Ohio women receive no prenatal care in the first trimester



Akron Children's