

Cleaning your Breast Pump

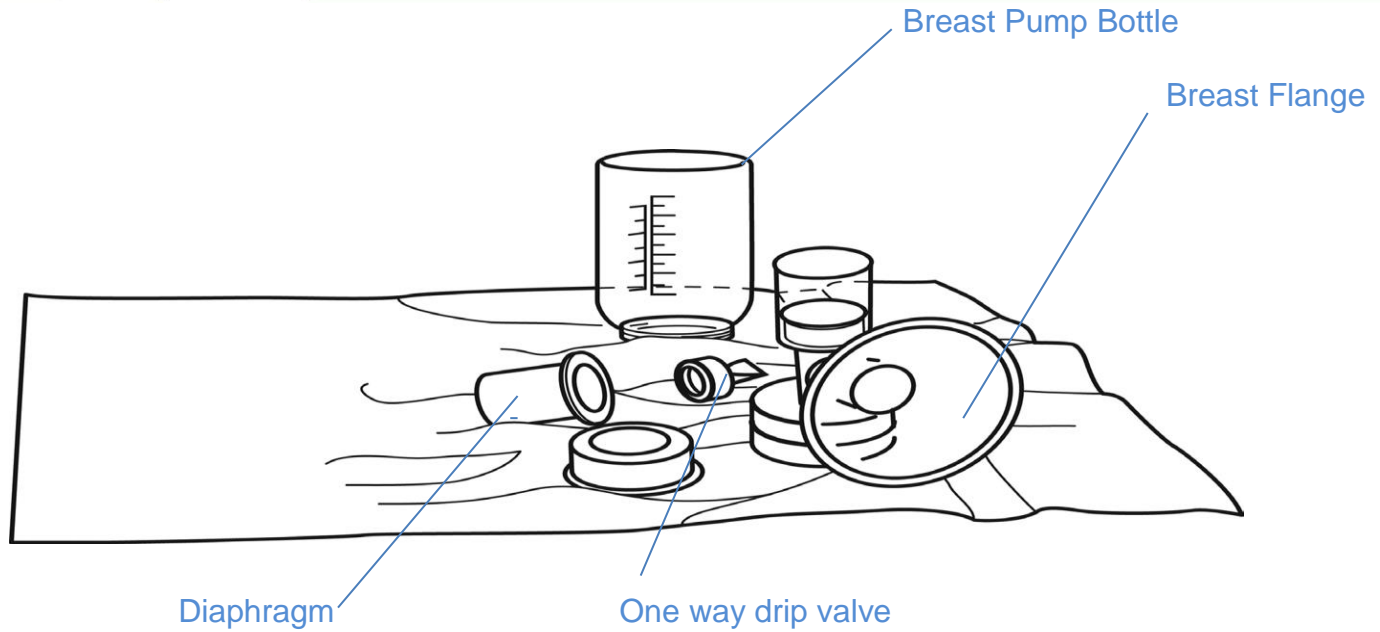
Instructions for Washing your Breast Pump Kit and Pump

1. Wash your hands with warm water and soap.
2. Carefully take each piece apart.
3. Four pieces must be washed after every breast pump session. The four pieces are the breast flange, breast pump bottle, diaphragm and the one-way drip valve. If using the colostrum collector, please make sure that it is cleaned as well.
4. Tubing, caps and breast tubing adaptor do not need to be washed.
5. Use provided basin, bottle brush and dishwashing soap when washing pump parts.
6. Allow your breast pump kit to air dry or dry with clean paper towel. Microwaveable sanitation bags and bottle brush are used for cleaning breast pump kits in the NICU.
7. Please wash your breast pump kit with soap and water after every breast pumping session. Please keep your pump kit away from the sink splash to keep your breast pump kit as clean as possible.
8. Please wash your hands again before you start breast pumping.

This information does not replace your provider's medical advice, treatment plan, or education provided by your nurse or other care provider. Be sure to follow your personalized plan of care. Nothing on this sheet is considered medical advice, diagnosis or treatment. If you have questions about this or any other medical information, talk with your care provider. Seek help right away if you need urgent medical attention. If you are outside the hospital, call 911. If you are a patient in the hospital, ask your nurse or other member of your care team for help.

Ask a staff member about interpreters and other language access services and aids, available at no cost to patients and families.
Pregúntenos acerca de los intérpretes y otros servicios y ayuda para el acceso al idioma que están a su disponibilidad sin costo alguno.





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