



FLEXSIGMOIDOSCOPY PREPARATION

DAY OF SCOPE

Your child may have nothing to eat after midnight except clear liquids which may be given up to 3 hours prior to the procedure. Clear liquids may include: water, Sprite, 7UP, Gatorade, Powerade, Propel, Pedialyte and Kool-Aid (nothing red or purple). The patient may brush their teeth.

For patients under 2 years of age

Give ½ **pediatric** Fleet enema the morning of the procedure. This should be given 2 hours before leaving home.

For patients between 2-8 years of age

Give **1 pediatric** Fleet enema the morning of the procedure. This should be given 2 hours before leaving home.

For patients 9+ years of age

Give **1 adult** Fleet enema the morning of the procedure. This should be given 2 hours before leaving your home.

***Medications listed are available over the counter and may be purchased at your local pharmacy.**

***The patient must bring a driver the day of the procedure. The patient may not drive for 24 hours after the procedure.**

***Please ask for school and work excuses prior to discharge from the recovery room.**

AFTER YOU GO HOME

- Have the patient take it easy for the remainder of the day.
- Start a regular diet later that night.
- Allow the patient to go to school and resume regular activities the next day unless the doctor states otherwise.
- The patient may experience a minor sore throat or gas pains that should go away within 24 hours.

If you have any questions or concerns about this test or preparation, please call our office at 330-543-4488 and ask to speak to a nurse.

***All dates, times, and providers are subject to change for scheduled procedures.**