

**ADHD (Attention-Deficit/Hyperactivity Disorder)**

**Cory Stories: A Kid's Book About Living With ADHD** by Jeanne Kraus

**I Can't Sit Still! Living With ADHD** by Pam Pollack and Meg Belviso

**Why Can't Jimmy Sit Still?** by Sandra L. Tunis, PhD

**ANXIETY**

**Don't Feed the WorryBug** by Andi Green

**Hector's Favorite Place** by Jo Rooks

**How Big Are Your Worries Little Bear?** by Jayneen Sanders

**Lola's Words Disappeared (selective mutism)** by Elaheh Bos

**Pilar's Worries** by Victoria M. Sanchez

**The Fix-It Friends: Have No Fear!** by Nicole C. Kear

**What to Do When Mistakes Make You Quake** by Claire A. B. Freeland, PhD and Jacqueline B. Toner, PhD

**What to Do When You Worry Too Much: A Kid's Guide to Overcoming Anxiety** by Dawn Huebner



**AUTISM**

**Armond Goes to a Party: A Book About Asperger's and Friendship** by Nancy Carlson and Armond Isaak

**A Boy Called Bat** by Elana K. Arnold

**A Whole New Ballgame: A Rip and Red Book** by Phil Bildner

**BULLYING**

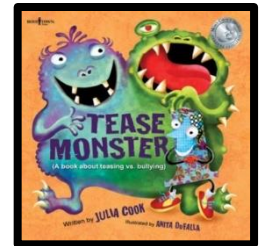
**Am I a Bully?** by Hope Gilchrist

**Chrysanthemum** by Kevin Henkes

**Tease Monster: A Book about Teasing vs. Bullying** by Julia Cook

**Warp Speed** by Lisa Yee

**Wonder** by R.J. Palacio



**DEPRESSION**

**Can I Catch It Like a Cold? Coping with a Parent's Depression** by Centre for Addiction and Mental Health

**My Family Divided: One Girl's Journey of Home, Loss, and Hope** by Diane Guerrero with Erica Moroz

**What to Do When You Grumble Too Much: Overcoming Negativity** by Dawn Huebner, Ph.D.

**DYSLEXIA**

**Back to Front and Upside Down!** by Claire Alexander

**Fish in a Tree** by Lynda Mullaly Hunt

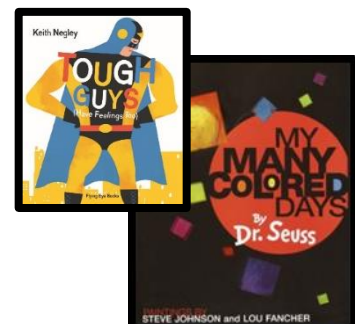
**FEELINGS**

**In My Heart: A Book of Feelings** by Jo Witek

**My Many Colored Days** by Dr. Seuss

**Tough Guys (Have Feelings Too)** by Keith Negley

**When Sophie Gets Angry — Really, Really Angry...** by Molly Bang



## **GRIEF AND LOSS**

**Art with Heart Presents: Draw It Out** by *Steffanie Lorig and Rosalie Frankel*

**How I Feel: A Coloring Book for Grieving Children** by *Alan Wolfelt, PhD*

**I Miss You: A First Look at Death** by *Pat Thomas*

**Lifetimes: A Beautiful Way to Explain Death to Children** by *Bryan Mellonie and Robert Ingpen*

**Tear Soup: A Recipe for Healing After Loss** by *Pat Schwiebert*

**The Invisible String** by *Patrice Karst*

**The Next Place** by *Warren Hanson*

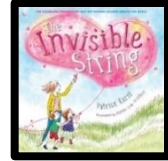
**One Wave at a Time: A Story about Grief and Healing** by *Holly Thompson*

**We Were Gonna Have a Baby but had an Angel Instead** by *Pat Schwiebert*

**When Dinosaurs Die: A Guide to Understanding Death** by *Laurie Krasny Brown and Marc Brown*

**When Something Terrible Happens** by *Marge Heegaard*

**When Someone Very Special Dies** by *Marge Heegaard*



## **IDENTITY**

**Red: A Crayon's Story** by *Michael Hall*

## **NEGLECT**

**Somebody Cares: A Guide for Kids Who Have Experienced Neglect** by *Susan Farber Straus, PhD*

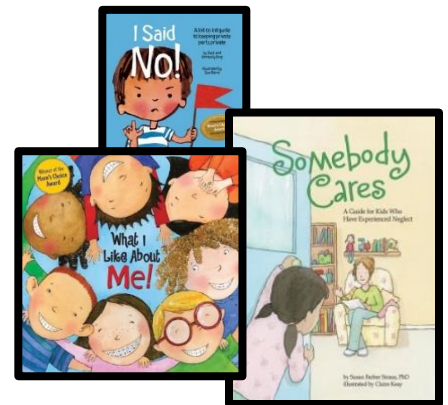
## **OCD (Obsessive-Compulsive Disorder)**

**Finding Perfect** by *Elly Swartz*

**Mr. Worry: A Story About OCD** by *Holly L. Niner*

**OCDaniel** by *Wesley King*

**Up and Down the Worry Hill** by *Aureen Pinto Wagner, PhD*



## **SELF-ESTEEM**

**What I Like About Me!** by *Allia Zobel Nolan*

## **SENSORY PROCESSING**

**Stanley Will Probably Be Fine** by *Sally J. Pla*

## **SELF HARM**

**Coping with Self-Mutilation: A helping book for teens who hurt themselves** by *Alicia Clark*

## **SEXUAL ABUSE**

**I Said No! A Kid-to-Kid Guide to Keeping Private Parts Private** by *Zach and Kimberly King*

## **TOURETTE'S SYNDROME**

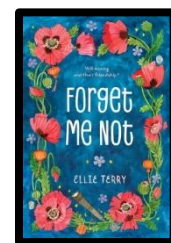
**Forget Me Not** by *Ellie Terry*

**Insignificant Events in the Life of a Cactus** by *Dusti Bowling*

## **TRAUMA**

**A Terrible Thing Happened** by *Margaret M. Holmes*

**The War That Saved My Life** by *Kimberly Brubaker Bradley*



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The above list was compiled from Akron Children's Hospital or Child Mind Institute providers in April 2019; updates will be posted to the Akron Children's Hospital website.