

# Child Proofing Checklist

## Around the House

- Install smoke detectors on every level and in every bedroom
- Install carbon monoxide detectors on every level
- Store guns, medicines and cleaners out of reach and sight in locked cabinets
- Keep doors closed or use door knob covers to limit access
- Use outlet covers
- Remove everything that is fragile or can break
- Inspect old toys; ensure there is a screwed on cover for battery-operated toys
- Store laundry detergent in locked cabinet
- Store replacement batteries out of sight, including button batteries

## Child's Room

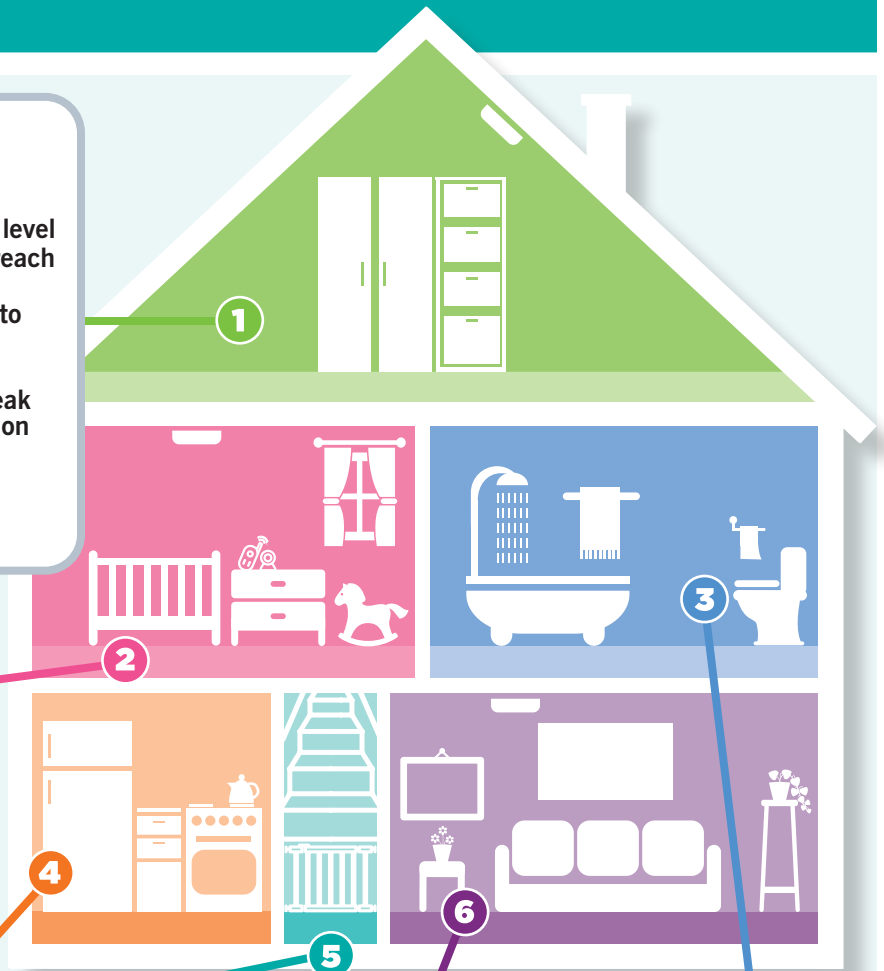
- Place crib or bed away from window
- Use a window guard—screens keep bugs out; they don't keep children in
- Baby monitors allow you to keep an eye and ear on your child
- Do not use pillows or blankets for babies under 1; use a fitted sheet made for your crib mattress size
- Avoid decorations or a mobile near and in crib
- Anchor heavy furniture to walls

## Kitchen

- Use stove knob covers
- Cook on back burners
- Use cabinet and drawer locks, especially where cutlery is stored
- Avoid small magnets on refrigerator or dishwasher
- Store chemicals/cleaners out of reach and sight
- Remove tablecloths
- Unplug appliances and store electrical cords

## Stairs

- Use a baby gate approved for stairways—secure both top and bottom
- Make sure handrails are functioning and secure
- Keep stairways well-lit



## Living Areas

- Anchor TVs and heavy furniture to walls
- If using a rug, ensure it does not slide around
- Cushion corners on tables, furniture, and fireplaces
- Install fireplace screen
- Tie up blind cords
- Use outlet covers
- Hide or secure electrical cords

## Bathroom

- Use cabinet and drawer locks
- Keep toilet lid down
- Store chemicals/cleaners out of reach and sight
- Decrease water heater temperature to less than 120 degrees
- Use a non-slip bath mat

## DID YOU KNOW?

In the United States nearly 5.6 million children are treated for injuries in emergency departments every year.

Drowning is the leading cause of injury-related death in the home for children ages 1-4.